



事實

受虐兒童：高危險的多重傷害

多重傷害 (受到多種形式的傷害) 與兒童創傷性壓力指標有高度關聯性。根據 Finkelhor、Shattuck、Turner、Ormrod、Hamby 的聯合著作 (2011)，對這些兒童而言，「將傷害視為一種情況而非事件可能比較好。」醫師應避免依照單一虐待形式進行受害兒童的評估作業。^(2,9,12)

- 1 比起遭受單一虐待形式的兒童，受過多重傷害的兒童自尊心較低、危險性行為發生率較高、自傷行為發生率較高、憂鬱行為發生率較高、藥物濫用問題較多，犯罪行為比例也遠高於遭受單一虐待形式的兒童。⁽¹⁻⁸⁾
- 2 性虐待與身體虐待、目睹家庭暴力與遭受身體虐待和性虐待，經常同時發生。^(1-2,13-15)
- 3 因受虐的殘留情感，可能建立一種「受害者模式」，向同儕傳達易受傷害的脆弱，並可能引發霸凌與同儕暴力。^(2,12,16,17)
- 4 努力辨識兒童的狀況、減輕他們的情況、破壞他們持續受害的高度脆弱性，應該是我們介入的目標。學校工作人員和兒童福利工作者，在接獲任何類型的兒童受害報告時都必須特別注意，包括同儕的騷擾。這些事件可能顯示受害的脆弱範圍更廣，在回應兒童時，重點可能必須超出具體的報告範圍，以涵蓋其他受害形式的評估。^(2,9-10,12-15,17)
- 5 遭受多種形式傷害的兒童，比長期遭受單一形式傷害的兒童，有更嚴重的焦慮與心理傷痛。^(1,10-13,15,18)
- 6 童年時期的身體虐待與性虐待，與青少年犯罪之間有著重大關聯。童年遭受多種不良的經歷，應被視為青少年時期一系列暴力相關結果的重要風險因素。^(3-8,10)

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