

Como Una Cuestión De Hecho

La Relación Entre el Maltrato Infantil y el Bienestar de Niños y Adolescentes

La exposición al maltrato o la violencia puede interrumpir el normal desarrollo físico, emocional e intelectual de niños y adolescentes. Los riesgos asociados con el maltrato incluyen alteraciones en la salud física, deterioro del funcionamiento psicosocial, trastornos de la salud mental y cambios en la estructura cerebral del niño o adolescente. La prevención del abuso y la negligencia infantil mejora la salud y la calidad de vida de niños y adolescentes.

1 Salud física: el maltrato en la niñez casi duplica el peligro de presentar mala salud en general, lo que incluye mayores riesgos de: ⁽⁴⁻⁵⁾

Asma ^(1, 6-7)	Hematomas ⁽⁴⁾
Lesiones Cerebrales Traumáticas ^(4, 7-10)	Quemaduras ⁽⁴⁾
Enfermedades De Transmisión Sexual ⁽⁴⁻⁵⁾	Fracturas ^(4, 7)
Embarazos no deseados ⁽¹¹⁻¹²⁾	Obesidad ^(4, 7, 13-14)
Relaciones De Pareja Violentas ⁽¹⁴⁻¹⁵⁾	

2 Delincuencia (deterioro del funcionamiento psicosocial): los niños y adolescentes que sufren maltrato pueden presentar deterioro de las funciones psicosociales, lo que incluye:

Comportamiento Más Agresivo ^(1-2, 4, 11, 16-17)	Consumo De Alcohol ^(6, 11-12, 19, 26-27)
Ausentismo ⁽¹⁷⁻¹⁸⁾	Excesivo Consumo De Alcohol ^(6, 26)
Fugas Del Hogar ⁽¹⁸⁻¹⁹⁾	Tabaquismo ^(6, 14, 19, 28)
Peleas ^(6, 20-22)	Abuso De Sustancias ^(4, 6, 11, 13, 19, 29-32)
Tenencia De Armas ^(18, 20-24)	Conductas Sexuales A Temprana Edad ^(5, 11, 26, 31)
Amenazas A Terceros Con Un Arma ^(18, 22)	Conductas Sexuales De Riesgo ^(2, 5, 12, 19, 33)
Violencia ⁽²⁵⁾	

3 Salud mental: la exposición al trauma tiene consecuencias potencialmente graves para la salud mental de los niños y adolescentes en todo el proceso evolutivo, lo que incluye:

Apego Y Trastornos De Conducta ^(2, 4, 12)	Ansiedad ^(1, 5, 11, 17, 29, 31, 36)
Comportamiento Antisocial ⁽¹⁷⁾	Ideación Suicida ^(21, 31, 36, 38)
Trastorno De Estrés Postraumático ^(2, 4-5, 12, 17, 20, 29, 34-35)	Autolesión ^(20-21, 31, 39-43)
Depresión ^(2, 5-6, 11, 13, 17, 19, 20, 22, 36)	

4 Cambios en la estructura cerebral: el maltrato en la infancia puede causar cambios en la estructura física del cerebro que pueden derivar en lo siguiente: ^(2-4, 11-12, 14, 26)

Habilidades Sensoriales Y Motrices Deficientes ⁽⁹⁾	Salud Física Disminuida ^(2, 4, 10)
Bajo Rendimiento Académico ^(1, 2, 44)	Problemas De Salud Mental Y
Deterioro En El Procesamiento Cognitivo Y	Conducta Inadaptada ^(2-4, 9, 11, 33, 45)
Adquisición Del Lenguaje ^(2, 9, 33)	

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